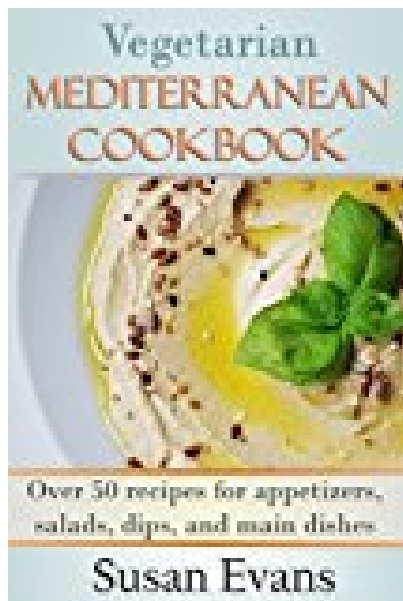


Vegetarian Mediterranean Cookbook

Over 50 recipes for appetizers salads dips and main dishes



BOOK DETAILS

- Author : Susan Evans
- Pages : 75 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1522893105



BOOK SYNOPSIS

In *Mediterranean Vegetarian Feasts*, Aglaia Kremezi, who introduced Greek cooking to an American audience, has gone back to her roots, rediscovering the delicious, fresh, healthy, easy-to-make recipes she grew up with, like Flat Bread with Dried Figs, Spicy Cheese, and Rosemary; Santorini Favas with Braised Capers and Onions; and more. *Mediterranean Vegetarian Feasts* will appeal to even the most avid meat lover with a cornucopia of 150 simple, yet abundantly flavorful, plant-based seasonal dishes. Attractive to the ever-expanding vegan and vegetarian market, as well as for fans of Mediterranean cooking, Kremezi's arsenal of master recipes for spice, nut, and herb mixtures, sauces, jams, and pastes inspired by eastern Mediterranean and north African traditions will transform even the most humble vegetable or grain into an irresistible dish.

VEGETARIAN MEDITERRANEAN COOKBOOK OVER 50 RECIPES FOR APPETIZERS SALADS DIPS AND MAIN DISHES

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