

# **The Professional Vegan Cookbook**

**Over 450 vegan recipes for  
restaurants cafes weddings home  
entertaining healthcare specialty  
dining venues & large group  
gatherings black and white edition**

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## **BOOK DETAILS**

- Author : Brian P. McCarthy
- Pages : 398 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 150061615X

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## BOOK SYNOPSIS

-Black and White Edition- This 450+ recipe cookbook contains a wide range of large batch, commercial kitchen tested recipes, and was created by a commercial kitchen chef who has been working in the industry since graduating from culinary school in 1986. The recipes use common commercial kitchen terms in clear, step-by-step instructions, and utilize ingredients commonly found in most professional kitchens. The nearly 100 vegan baking and dessert recipes (muffins, cookies, cakes, quick breads, doughnuts, etc.) compete with the extensive international entrees for your attention. Customizable core recipes (cornbread, pancakes, daal, etc.) make a great starting point in creating your own establishments favorites. Individual chefs notes located at the top of most recipes offer suggestions on garnishes, sides, and tips on making production easier. Information to be conscious of when purchasing, preparing, and serving vegan food is discussed. Recipes include: Entrees: Asian, Indian, Italian, Mexican, American, and more. Desserts: Cakes, cookies, puddings, and more. Lunch: Sandwiches, wraps, salads, and more. Soups, side salads, side dishes, breakfast entrees and pastries, appetizers, small plates, sauces, gravies, dips, spreads, and beverages round out this extensive collection.

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