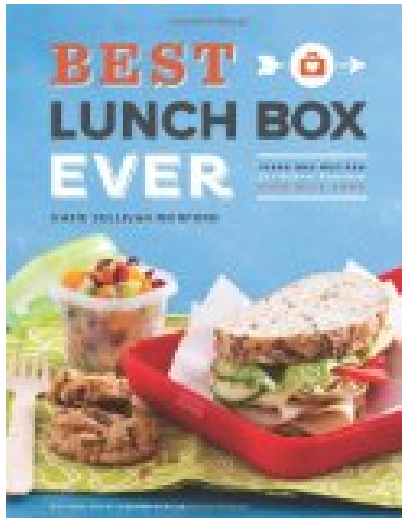


# Best Lunch Box Ever Ideas and Recipes for School Lunches Kids Will Love

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## BOOK DETAILS

- Author : Katie Sullivan Morford
- Pages : 156 Pages
- Publisher : Chronicle Books
- Language : English
- ISBN : 1452108293

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## **BOOK SYNOPSIS**

Best Lunch Box Ever is full of recipes, ideas, and strategies for packing creative and healthful lunches for kids, solving what is for many parents the most taxing of daily chores. Kids will love the scrumptiousness, while busy moms and dads will appreciate the quick and simple solutions for wholesome, balanced meals developed by Katie Sullivan Morford, a registered dietician and mother of three. The 65 recipes are easy, delicious, and—best of all—packed with nutrients for well-rounded lunches and snacks, including Deconstructed Caprese Skewers, Easy Cheesy Thermos Beans, Pesto Pita Pizza, Cinnamon Wonton Crisps, Parmesan Kale Chips, Crispy Applewiches, and more.

### **BEST LUNCH BOX EVER IDEAS AND RECIPES FOR SCHOOL LUNCHESES**

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